



Commanding Officer  
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# U.S. NAVAL SEA CADET CORPS

F.D. ROOSEVELT SQUADRON and T.S. ROOSEVELT  
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Executive Officer  
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## FDR PLAN OF THE DAY

The Plan of the Day is an official document of F.D. Roosevelt Squadron and Training Ship Roosevelt. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Squadron personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules.

LCPO: CPO C. Price  
 LPO: PO2 S. Olivera  
 ALPO: PO1 C. Carmo

# 16-Nov-24

Uniform of the Day  
 Officers: Working Uniform  
 Auxiliary: Alternate Working  
 CPO: PTUs/Type 3  
 Cadets: PTUs/Type 3s

**ALL CADETS ARRIVE IN PHYSICAL TRAINING UNIFORM**  
**Drill Hours: 0730 -1500**

|      |  |      |  |
|------|--|------|--|
| 0700 | <b>*FDR Leadership Muster</b>          | 1200 | Chow                                       |
| 0720 | Quarterdeck Opens                      | 1245 | Company Business and Classroom Instruction |
| 0750 | Muster Formation (Roll Call)           | 1400 | Unit Walk Through                          |
| 0800 | Colors                                 | 1430 | Awards, Promotions, RO Fleet Up            |
| 0805 | PRT [3rd and Final Test for Fall 2024] | 1500 | Dismissal                                  |
| 0930 | Change out [Type 3s]                   |      |  |
| 0950 | Classroom Instruction                  |      |  |

**RO Cadets:**

**Fleet Ups and integration into respective unit shall begin. Cadets whom have not completed their Polaris Airman Recruit Coursework SHALL NOT Fleet Up to their respective unit until requirement is met.**

## **Drill Notes:**

**Cadets:** Study, memorize, and understand **Drill Assignment 5**.

**Cadets:** The Squadron will be conducting its final PRT scheduled for 16th Nov 2024. Cadets who fail to pass or attempt a PRT will not be eligible for advancement OR ability to sign up for Winter 2024 Training. No additional PRT are scheduled for Fall 2024 cycle. The Commanding Officer has the ability to schedule another PRT should weather not permit or allow the Squadron to attempt a PRT on Nov 16th.

**Cadets:** NWU's Type 3 are expected to have **SLEEVES ROLLED UP and BOOTS SHINED** inspection.

**Cadets:** Bring personal hydration and your Sea Cadet ID's

**Cadets/Parents:** **Any cadet arriving after 0745 will be considered tardy.** Please plan to arrive between 0715 and 0730 to avoid being tardy.

**Parents:** Please ensure your cadet is hydrated, eats good meal the night prior, sleep well, has a small breakfast or snack, and applies sunscreen prior to attending drill.

**Unit Review Boards for Cadet will be conducted please study your respective study guides, bring your dress whites, and self evaluation write up: AN Gilbert, AN DeNicola, AN Brown, and PO3 Olivera. Failure to bring dress whites will be an auto fail.**

## **Appearance/Uniform of the Day (UOD)**

- All cadets will report in UOD and note any additional uniform changes for the drill - BRING ALL ITEMS FROM YOUR UNIFORM TO DRILL. Do not wait until the morning of drill to assemble your seabag.
- Cadets need to try on all issued uniform items before drill. If something needs to be replaced or swapped out, please put that item in the seabag and inform your FDR staff cadets or complete a supply request
- Grooming Standards: Males must have proper haircuts and clean-shaven face. Females-proper hair style, hair color. No unnatural hair color. Cadets without regulation haircuts, will be given a "free" haircut.

**Attendance is Mandatory** - You must attend 75% of all scheduled drills to remain a member of this unit.

Valid reasons include illness, school/family/church obligations. You MUST submit a Leave of Absence form (found on website) to be excused. Absences regardless of reason, counts against the unit.

**General Knowledge** – Sea Cadets Rates and Ranks, US Navy Rates and Ranks, 11 General Orders, Sea Cadet Oath, Sea Cadet Oath, and Chain of Command [All information can be found in Cadet Drill Assignments]

## **Sea Bag List**

- **Sea Cadet ID:** If your ID has expired, or you have not received your ID card, info the cadet command
- **Ribbon Rack:** Understanding what ribbons/appurtenances you have, what ribbons/appurtenances you need, if adding a ribbon you must trade in your prior ribbon rack to upgrade your ribbon rack, and have all items in a small plastic baggie to avoid losing items.
- **Boot/Shoe Shining Kit;** Recommended Kit: Black Shoe Polish, Shine Brush, and White-Tee Shirt. Please research "Shoe Shine Kit" for general options or cadets can reach out to their staff cadets.
- **Maintenance Kit:** [Males] Shaving cream, razors, and hair maintenance product and [Females] Bobby Pins/Clips, hair maintenance product, and gel.
- **Bring personal chow** [no refrigeration/microwave accommodation available]
- All cadets to be in NWU Type 3s are expected to have uniform in full regulations:
  - ✓ 8 point cover w/ Sea Cadet / Navy League patch
  - ✓ Blouse w/ USNSCC/USNLCC and Last Name nametapes properly sewn/velcro on and Sea Cadet/Navy League flashers attached at the shoulder/arm velcro.
  - ✓ Coyote Brown Undershirt
  - ✓ Trousers with Last Name nametape properly sewn/velcro on
  - ✓ Black Belt with silver belt buckle
  - ✓ Black Boots (SHINED) with black socks and blousing straps.
- Cadets that are not able to be in NWU Type 3 full regulations will wear PTU's:  
Extra Set of PT Gear: NSCC PT Shirt or Yellow Shirt (if cadet did not buy additional PT Shirt), NSCC PT Shorts or Navy Blue Shorts (if cadet did not buy additional PT Shorts), Underwear, and White Socks